



SLIM BODY 7 nights⁺

A weight control programme. A special treatment stay aimed to start your body functions, to optimise your weight and to form your body.

THE MEDICAL STAY INCLUDES

- 👑 **Accommodation**
- 👑 **Full board** - special diet aimed to optimize body weight
- 👑 **Initial medical examination** - including analysis of a body type, weighing, stating percentage and amount of body fat, percentage and amount of muscle mass, stating metabolic age, BMI, stating ideal body weight and obesity level in order to prescribe optimal procedures, exercise and diet programme
- 👑 **Consultation with a nutrition assistant**
- 👑 **Consultation with a fitness trainer**
- 👑 **Daily measurement of body weight parameters**

PROCEDURES INCLUDED IN THE STAY

- 👑 **Individual treatment programme**
(2 procedures per one night based on physician's recommendations - thermal mineral bath, hydrotherapy, thermotherapy, electrotherapy, massages, light therapy, laser, group and individual rehabilitation)
- 👑 **3x during the stay Bodyforming** - a special body forming massage with a wrap (110 min. - whole-body massage with a special oil followed by a foil wrap and a brush massage)
- 👑 **Free admission to SPA&AQUAPARK**

FREE OF CHARGE DURING OPENING HOURS

- 👑 Free admission to swimming pool Olympic
- 👑 Free admission to fitness center

Recommended length to stay: 2 - 4 weeks for guaranteed results of the programme.



ZLATÉ KÚPELE
TURČIANSKE TEPLICE
MEDICAL SPA

Modern destination for medical tourism.

Medical Spa is a designation for services and care provided to clients in the Gold Spa Turčianske Teplice. Follows up to the tradition of spas dating back to 1281, but emphasizes the medical dimension of the services. We provide professional healthcare based on the latest knowledge, modern diagnostics and non-invasive preventive and rehabilitation treatment procedures. All this in a pleasant, relaxing environment and with the use of the unique natural healing source - the thermal mineral healing water, which has a broad-spectrum healing effects due to high mineralization.

Health is worth more than gold


Slim body 7 nights ⁺	Spa house Veľká Fatra****	
ACCOMMODATION	Comfort room	Deluxe room
person in a double room	95 € / night	110 € / night
person in a single room	120 € / night	135 € / night
person in a double room occupied by 1 person	135 € / night	150 € / night
CATERING	full board, special boarding program	

The prices include VAT (Pursuant to legal regulation in force).

Spa fee and accommodation tax according to GBR (General Binding Regulations) decree of the town of Turčianske Teplice is charged on the spot.

ORGANIZATION OF STAY

 **Check In Comfort room:** after 02:00 p.m.

 **Check In Deluxe room:** after 01:00 p.m.

 Catering begins with dinner on the day of arrival.


 **Check Out Comfort room:** until 10:00 a.m.


 **Check Out Deluxe room:** until 11:00 a.m.

 Catering ends with lunch on the day of departure.

ROOM DESCRIPTION AND EQUIPMENT	
Comfort Room	room with balcony and nice view, renovated bathroom, toilet, hair dryer, cosmetic set; TV, satellite, radio, telephone, WiFi internet connection; minibar on request, tea and coffee service in the room; bathrobe;
Deluxe room	room with balcony and view of the spa park , air conditioning with manual control; king size bed 180 x 200 cm ; renovated bathroom, toilet, hair dryer, cosmetic set; widescreen TV , satellite, radio, telephone, WiFi internet connection; minibar, tea and coffee service in the room; bathrobe, slippers, extra quality terry program ;

DISCOUNTS AND BONUSES ACCORDING TO LENGTH OF STAY


 **14 and more nights:** discount 15% of the total price of the stay


 **21 and more nights:** discount 15% of the total price of the stay, 1 night free


ADDITIONAL SERVICES

 **surcharge for the apartment:** 50 € / room / night on top of the price of double room

 **special room requirements:** 10 € / room / night

 **early check in from 11:00 a.m. :** 45 € / room in case of available accommodation

 **late check out until 01.00 p.m. :** 45 € / room in case of available accommodation

 **a one-time payment for every change of the allocated room at client's request filed on the spot:** 50 €

 **examinations, medicine treatment and treatment procedures beyond the scope of the stay:** according to the valid price list

The spa reserves the right to adjust the price of the surcharge per room.

Price list is valid from 2.1. to 23.12.2022, Prices and services are subject to modification. Insurance (e.g. accident insurance, insurance of medical expenses, cancellation insurance, etc.) is not included in the price of the stay. Reservations and orders are governed by valid General Business Terms and Conditions of the Company available at www.therme.sk.



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Members of the **MEDICAL SPA** group:

